A Service to Celebrate the Life of



Sean Christopher Paddock

27th September 1965 ~ 1st October 2026

Friday 6th November 2026
1.45 pm

The Oaks Crematorium



ENTRANCE MUSIC
Telephone Line
ELO

WELCOME WORDS
Zoe Williams – Independent Celebrant

TRIBUTE
read by Julie

EULOGY
read by Callum

REFLECTION MUSIC
Including a Visual Tribute
Brothers in Arms - Dire Straits

POEM

If

If you can keep your head when all about you
Are losing theirs and blaming it on you,
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or being lied about, don't deal in lies,
Or being hated, don't give way to hating,
And yet don't look too good, nor talk too wise:

If you can dream—and not make dreams your master;
If you can think—and not make thoughts your aim;
If you can meet with Triumph and Disaster
And treat those two impostors just the same;
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build 'em up with worn-out tools:

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breathe a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: 'Hold on!'

If you can talk with crowds and keep your virtue,
Or walk with Kings—nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the Earth and everything that's in it,
And—which is more—you'll be a Man, my son!

Rudyard Kipling

COMMITTAL WORDS

CLOSING WORDS

EXIT MUSIC
I Believe in a Thing Called Love
The Darkness







Donations, if desired, in Sean's memory, please consider supporting MIND c/o Rowland's Funeral Services, St Peter's Road, Petersfield GU32 3HX or via the QR Code:

All are warmly invited to continue celebrating Sean's life after this service at The Half Moon, 32 London Road, Petersfield GU31 4BE

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