

In Loving Memory of

*Helen Louise Moulds*

16th September 1985 - 1st July 2025



Rushcliffe Oaks Crematorium  
Thursday 7th August 2025  
at 1.15 pm

# *Order of Service*

## **Entrance Music**

Swan Lake, Op. 20a, TH. 219: III. Danse des petits cygnes  
Tchaikovsky



## **Welcome and Opening Words**

Suzanne Wright, Independent Celebrant

## Poem

When My Time Comes  
read by Sara Moulds

When my time comes, lay me in the quiet.  
Wrap me in love and good thoughts,  
And when the earth forgets,  
Bring no prayers, no tears, no sad.  
Just a slow clap and a whisper,  
And the thought that I was good.  
It's the rhythm of life and death isn't it?  
And the thought of where love once lived.  
And when my time comes around,  
Lay me quiet and wrap me in all the love,  
For no grief will keep me earth bound.  
Lay me in the quiet.

*James Mooney*



A landscape photograph of a river with a rainbow in the sky and trees on the banks. The rainbow is on the left side, arching over the river. The trees are on the left bank, and the river reflects the sky and trees. The overall scene is peaceful and scenic.

## **What do You Call an Exploding Monkey?**

A tribute on behalf of Helen's family

### **A Life in Pictures**

Music: Nimrod

Enigma Variations

London Philharmonic Orchestra

## **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## **Auf Wiedersehen**

## Poem

Do Not Stand At My Grave And Weep

read by Alexy Karenowska

Do not stand at my grave and weep.

I am not there. I do not sleep.

I am a thousand winds that blow.

I am the diamond glints on snow.

I am the sunlight on ripened grain.

I am the gentle autumn rain.

When you awaken in the morning's hush

I am the swift uplifting rush

Of quiet birds in circled flight.

I am the soft stars that shine at night.

Do not stand at my grave and cry;

I am not there; I did not die.



## **Closing Words**



**Closing Music**  
Wimbledon, 'Light and Tuneful'  
Keith Mansfield

Helen's family would like to thank everyone  
for their kind words and support at this time.

All are welcome for light refreshment at  
Perkins Bar and Bistro,  
Station Road,  
Plumtree,  
Nottingham  
NG12 5NA.

Donations in memory of Helen for  
**Meow and Furever Cat Rescue**  
may be sealed in the donation envelope  
and placed in the box on leaving the service,  
left online at  
**[www.lymn.co.uk/obituaries](http://www.lymn.co.uk/obituaries)**  
or by scanning the QR code below or sent care of



**A.W. LYMN**

*The Family Funeral Service\**

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